

**Devon County**  
**Cross Country Championships 2022**

Sunday 4th December - Exeter

**U13 Girls Results**

<b><u>Pos.</u></b>	<b><u>Num.</u></b>	<b><u>Name</u></b>	<b><u>Surname</u></b>	<b><u>Club</u></b>	<b><u>Age Group</u></b>	<b><u>Time</u></b>
1	5	Ellie	Birchall	Exeter Harriers	U13G	9.35
2	8	Lamorna	Cox	Tavistock AC	U13G	9.43
3	19	Myiesha	Newcombe	North Devon AC	U13G	9.55
4	18	Scarlett	Muscott	Torbay AAC	U13G	10.01
5	22	Nyla	Roode	North Devon AC	U13G	10.20
6	4	Zoe	Bigham	Tavistock AC	U13G	10.22
7	2	Isla	Bater	North Devon AC	U13G	10.29
8	24	Lyra	Woollam-Dalling	North Devon AC	U13G	10.31
9	17	Mia	Morris	Exeter Harriers	U13G	10.35
10	12	Elsie	Goodspeed	City of Plymouth AC	U13G	10.46
11	21	Ella	Richards	Newton Abbot AC	U13G	10.46
12	16	Nell	Maguire	Tavistock AC	U13G	10.49
13	1	Holly	Alford	Tavistock AC	U13G	11.10
14	20	Eloise	Patrick	Tavistock AC	U13G	11.16
15	14	Lily	Hewart	Exeter Harriers	U13G	11.23
16	9	Kate	Dearden-Watts	Exeter Harriers	U13G	11.25
17	6	Amber	Bradford	North Devon AC	U13G	11.31
18	23	Suzie	Woodrow	Tavistock AC	U13G	11.55
19	3	Genevieve	Beer	North Devon AC	U13G	12.02
20	10	Ruth	Dearden-Watts	Exeter Harriers	U13G	12.16
21	7	Liz	Cook	North Devon AC	U13G	12.35

**U13 Girls**

**Club Team Result**

<b><u>Pos.</u></b>	<b><u>Club</u></b>	<b><u>Total Points</u></b>	<b><u>Scoring Positons</u></b>		
1	North Devon AC	15	3	5	7
2	Tavistock AC	20	2	6	12
3	Exeter Harriers	25	1	9	15

**U13 Boys Results**

<b><u>Pos.</u></b>	<b><u>Num.</u></b>	<b><u>Name</u></b>	<b><u>Surname</u></b>	<b><u>Club</u></b>	<b><u>Age Group</u></b>	<b><u>Time</u></b>
1	44	Samuel	Williams	Taunton AC	U13B	9.06
2	40	Stanley	Smith	North Devon AC	U13B	9.07
3	38	Daniel	Salmon	City of Plymouth AC	U13B	9.08
4	30	Adam	Foster	North Devon AC	U13B	9.12
5	32	Thomas	Hennessey	Tavistock AC	U13B	9.26
6	42	Joseph	Steer	Exeter Harriers	U13B	9.29
7	41	Leon	Snell	Torbay AAC	U13B	9.31
8	33	George	Mccollum	Exeter Harriers	U13B	9.33
9	27	Freddie	Blight	City of Plymouth AC	U13B	9.34
10	39	Luke	Scott-Tucker	Okehampton RC	U13B	9.41
11	43	Freddie	Whybrow	Tavistock AC	U13B	10.03
12	28	Thomas	Carter	Erme Valley Harriers	U13B	10.47
13	35	Archie	Neale	Tavistock AC	U13B	11.34

**U13 Boys**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positons
1	Tavistock AC	29	5 11 13

**U15 Girls Results**

<b><u>Pos.</u></b>	<b><u>Num.</u></b>	<b><u>Name</u></b>	<b><u>Surname</u></b>	<b><u>Club</u></b>	<b><u>Age Group</u></b>	<b><u>Time</u></b>
1	62	Olivia	Steer	Exeter Harriers	U15G	12.56
2	57	Paige	Quinn	Torbay AAC	U15G	13.12
3	65	Freya	Woodhead	Bideford AAC	U15G	13.26
4	49	Eleanor	Foster	North Devon AC	U15G	13.31
5	53	Isla	Mayne	Exeter Harriers	U15G	13.37
6	51	Madeleine	Jones	City of Plymouth AC	U15G	13.52
7	66	Isabella	Holmes	North Devon AC	U15G	14.13
8	64	Isabella	Trowell	Erme Valley Harriers	U15G	14.19
9	54	Anya	Mcaulay	Tavistock AC	U15G	14.33
10	52	Arabella	Kennaird-Melling	Exeter Harriers	U15G	14.50
11	60	Isabelle	Roome	North Devon AC	U15G	14.51
12	50	Claudia	Jones	Tavistock AC	U15G	15.03
13	56	Evie	Palmer	Tavistock AC	U15G	15.29
14	55	Becky	Milliner	Exeter Harriers	U15G	15.44
15	58	Tamsyn	Reid	Tavistock AC	U15G	16.34

**U15 Girls**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positons
1	Exeter Harriers	16	1 5 10
2	North Devon AC	22	4 7 11
3	Tavistock AC	34	9 12 13

**U15 Boys Results**

<b><u>Pos.</u></b>	<b><u>Num.</u></b>	<b><u>Name</u></b>	<b><u>Surname</u></b>	<b><u>Club</u></b>	<b><u>Age Group</u></b>	<b><u>Time</u></b>
1	71	Will	Birchall	Exeter Harriers	U15B	11.17
2	80	Isaac	Lamerton	City of Plymouth AC	U15B	11.38
3	77	Martin	Falle	Exeter Harriers	U15B	11.40
4	84	Christopher	Oliveira	North Devon AC	U15B	11.44
5	69	Fynn	Baker	Tavistock AC	U15B	11.55
6	78	Theo	Glew	Torbay AAC	U15B	12.01
7	73	Robin	Dafforn	Exeter Harriers	U15B	12.06
8	85	George	Pemberton	Honiton RC	U15B	12.10
9	79	Luke	Hayes	Erme Valley Harriers	U15B	12.19
10	88	Noah	Reid	Tavistock AC	U15B	12.32
11	70	Huw	Beare	Exeter Harriers	U15B	12.45
12	83	Tom	Maughan	North Devon AC	U15B	12.48
13	68	Zaiph	Abram-Bridges	North Devon AC	U15B	12.55
14	72	Ryan	Coll	North Devon AC	U15B	12.56
15	86	Doug	Richardson	City of Plymouth AC	U15B	12.57
16	74	Will	Davies	Exeter Harriers	U15B	13.31
17	76	Oscar	Eve	Torbay AAC	U15B	13.50
18	81	William	Lee	North Devon AC	U15B	14.11
19	82	Gwilym	Lewis	Torbay AAC	U15B	14.23

**U15 Boys**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positons		
1	Exeter Harriers	11	1	3	7
2	North Devon AC	29	4	12	13
3	Torbay AAC	42	6	17	19

**U17 Women Results**

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Age Group</u>	<u>Time</u>
1	95	Scarlett	Livingstone	Exeter Harriers	U17W	19.38
2	102	Molly	Shorey	City of Plymouth AC	U17W	20.23
3	98	Lucy	Milliner	Exeter Harriers	U17W	20.37
4	100	Marisa	Poole	North Devon AC	U17W	21.47
5	103	Phoebe	Timson	City of Plymouth AC	U17W	21.55
6	105	Martha	Wilson	City of Plymouth AC	U17W	22.31
7	99	Freya	Page	Tavistock AC	U17W	22.51
8	104	Hannah	Walker	Tavistock AC	U17W	23.10
9	106	Sophie	Wren	North Devon AC	U17W	23.16
10	96	Sophie-may	Luxton	Okehampton RC	U17W	23.41
11	93	Penny	Jones	Tavistock AC	U17W	24.29
12	101	Celeste	Raynaud	Exeter Harriers	U17W	25.06
13	94	Maddison	Kidd	South Devon AC	U17W	30.04

**U17 Women**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positons		
1	City of Plymouth AC	13	2	5	6
2	Exeter Harriers	16	1	3	12
3	Tavistock AC	26	7	8	11

**U17 Men Results**

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Age Group</u>	<u>Time</u>
1	120	Daniel	Williams	North Devon AC	U17M	18.09
2	109	Henry	Birchall	Exeter Harriers	U17M	18.24
3	117	Caleb	Pirie	North Devon AC	U17M	18.27
4	115	Olly	Morris	Exeter Harriers	U17M	18.28
5	112	Thomas	Jones	City of Plymouth AC	U17M	18.29
6	111	Matthew	Gilvear	Erme Valley Harriers	U17M	18.33
7	118	Luke	Stannus	Okehampton RC	U17M	18.34
8	116	Luke	Pascoe	Exeter Harriers	U17M	18.54
9	119	Matthew	White	Exeter Harriers	U17M	19.04
10	114	Charlie	Milward	Erme Valley Harriers	U17M	19.26
11	113	Liam	McQueen Mason	Torbay AAC	U17M	19.57

**U17 Men**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positions		
1	Exeter Harriers	14	2	4	8

**U20 Women Results**

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Age Group</u>	<u>Time</u>
1	129	Kate	Phillips	City of Plymouth AC	U20W	22.09
2	131	Taryn	Powe	North Devon AC	U20W	22.59
3	128	Abi	Oscroft	North Devon AC	U20W	23.02
4	132	Chloe	Weeks	Torbay AAC	U20W	23.34
5	124	Sophie	Cunningham	Exeter Harriers	U20W	26.27

**U20 Women**  
**Club Team Result**

No scoring teams

**U20 Men Results**

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Age Group</u>	<u>Time</u>
1	135	Finley	Ball	North Devon AC	U20M	26.28
2	138	Adam	Leworthy	North Devon AC	U20M	26.52
3	139	George	Thomas	North Devon AC	U20M	27.57
4	136	Dylan	Dayman	North Devon AC	U20M	28.40

**U20 Men**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positions		
1	North Devon AC	6	1	2	3

**Senior Women Results**

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Age Group</u>	<u>Time</u>
1	156	Kirsteen	Welch	Exeter Harriers	SW	19.28
2	144	Nicole	Edmunds	Exeter Harriers	SW	20.09
3	187	Jo	Meek	Tavistock AC	F45	20.16
4	143	Hannah	Blair	City of Plymouth AC	SW	20.17
5	147	Nikki	Kelly	Tavistock AC	SW	20.27
6	146	Fiona	German	SWRR	SW	20.35
7	148	Martha	Neal	Newton Abbot AC	SW	21.22
8	183	Samantha	Lake	Tavistock AC	F40	21.26
9	149	Alicia	Regan	SWRR	SW	21.30
10	157	Tilly	Woods	Headington RR	SW	21.31
11	197	Lucy	Watkinson	Axe Valley Runners	F40	22.37
12	165	Hannah	Bown	Exmouth Harriers	F40	22.39
13	180	Jenny	Jeeves	Tavistock AC	F55	22.48
14	153	Jessica	Smith	Exeter Harriers	SW	22.58
15	170	Michelle	Cooper	Plymouth Harriers	F35	23.07

16	199	Hannah	Worth	Tavistock AC	F40	23.17
17	193	Jenny	Reay	Exmouth Harriers	F60	23.18
18	173	Heather	Eve	Torbay AAC	F45	23.25
19	155	Alice	Thomas	Exmouth Harriers	SW	24.00
20	188	Nicola	Noble	Plymouth Harriers	F35	24.04
21	164	Kerry	Board	Axe Valley Runners	F45	24.10
22	161	Claudine	Benstead	Okehampton RC	F60	24.17
23	163	Marilyn	Blair	Torrington AAC	F60	24.18
24	151	Erin	Silvester	North Devon AC	SW	24.32
25	196	Claire	Watkins	Okehampton RC	F45	24.34
26	152	Rhyan	Silvester	North Devon AC	SW	24.35
27	150	Sarah	Robbins	Plymouth Harriers	SW	24.39
28	176	Sarah	Harrison	Torbay AAC	F50	24.58
29	162	Alison	Bigham	Tavistock AC	F40	25.29
30	175	Laura	Goodspeed	Plymouth Harriers	F35	25.57
31	178	Paula	Hawkins	Exmouth Harriers	F45	26.04
32	169	Helen	Colwill	Bideford AAC	F50	26.14
33	181	Rachel	Jones	Tavistock AC	F45	26.20
34	184	Rebecca	Lee	Erme Valley Harriers	F40	27.05
35	192	Hayley	Ratcliff	Torbay AAC	F55	27.08
36	179	Susan	Hill	Exmouth Harriers	F60	27.11
37	166	Miranda	Burke	Plymouth Harriers	F55	27.18
38	185	Nicky	Maguire	Tavistock AC	F45	27.22
39	172	Karen	Eccles	Plymouth Harriers	F60	27.24
40	174	Alison	German	SWRR	F50	27.29
41	168	Joanne	Cole	Newton Abbot AC	F40	27.35
42	182	Helen	Kula-Przewanski	Tavistock AC	F60	27.40
43	195	Amy	Tew	Exmouth Harriers	F40	28.24
44	171	Kay	Douglas	Exmouth Harriers	F60	28.42
45	145	Thuza	Edworthy	Newton Abbot AC	SW	29.09
46	160	Sarah	Baldwin	Exmouth Harriers	F60	29.17
47	198	Alison	White	Exmouth Harriers	F65	30.53

**Senior Women**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positons		
1	Tavistock AC	16	3	5	8
2	Exeter Harriers	17	1	2	14
3	Exmouth Harriers	48	12	17	19
4	SWRR	55	6	9	40
5	Plymouth Harriers	62	15	20	27
6	Torbay AAC	81	18	28	35
7	Newton Abbot AC	93	7	41	45

**Female Masters**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positons		
1	Tavistock AC	8	1	2	5
2	Exmouth Harriers	30	4	8	18
3	Plymouth Harriers	33	6	10	17
4	Torbay AAC	46	9	15	22

**Female Age Group Medallists**

F35

1	170	Michelle	Cooper	Plymouth Harriers
2	188	Nicola	Noble	Plymouth Harriers
3	175	Laura	Goodspeed	Plymouth Harriers

F40			
1	183 Samantha	Lake	Tavistock AC
2	197 Lucy	Watkinson	Axe Valley Runners
3	165 Hannah	Bown	Exmouth Harriers
F45			
1	187 Jo	Meek	Tavistock AC
2	173 Heather	Eve	Torbay AAC
3	164 Kerry	Board	Axe Valley Runners
F50			
1	176 Sarah	Harrison	Torbay AAC
2	169 Helen	Colwill	Bideford AAC
3	174 Alison	German	SWRR
F55			
1	180 Jenny	Jeeves	Tavistock AC
2	192 Hayley	Ratcliff	Torbay AAC
3	166 Miranda	Burke	Plymouth Harriers
F60			
1	193 Jenny	Reay	Exmouth Harriers
2	161 Claudine	Benstead	Okehampton RC
3	163 Marilyn	Blair	Torrington AAC
F65			
1	198 Alison	White	Exmouth Harriers

### Senior Men Results

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Age Group</u>	<u>Time</u>
1	219	Phil	Norman	Woodford Green AC with EL	SM	24.03
2	266	Ronnie	Richmond	Bideford AAC	M40	25.03
3	243	Robert	Ellis	Exmouth Harriers	M35	25.15
4	207	Ben	Di Salvo	North Devon AC	SM	25.29
5	210	Simon	Fox	Exeter Harriers	SM	25.38
6	202	Jordan	Andrews	Tavistock Run Project	SM	25.42
7	220	Ollie	Thorogood	SWRR	SM	26.00
8	260	Ben	Neale	Tavistock AC	M35	26.01
9	245	Johnny	Gilby	Plymouth Harriers	M40	26.02
10	218	James	Mckibbin	North Devon AC	SM	26.09
11	204	Callum	Choules	North Devon AC	SM	26.14
12	205	Callum	Crawford	Exeter Harriers	SM	26.30
13	236	Jim	Cole	Tavistock Run Project	M40	26.38
14	216	Nicholas	Lapham	Bideford AAC	SM	26.42
15	206	Toby	de Gruchy	Exeter Harriers	SM	26.49
16	276	Oliver	White	Exmouth Harriers	M35	26.56
17	212	Gwylm	Gibson	SWRR	SM	27.10
18	252	Thomas	Humphrey	SWRR	M35	27.21
19	208	Patrick	Faulkner	Salford Harriers & AC	SM	27.30
20	265	Ceri	Rees	Tavistock AC	M50	27.36
21	209	Willam	Fielding	Hillingdon AC	SM	28.04
22	203	Mike	Cadeddu	SWRR	SM	28.27
23	249	Anthony	Hatchard	Exmouth Harriers	M45	28.35
24	263	Alex	Peyton Jones	Tavistock Run Project	M40	29.02
25	254	Robert	Kelly	Okehampton RC	M40	29.24
26	246	David	Goodspeed	Plymouth Harriers	M35	29.25
27	222	Christopher	Turner	Okehampton RC	SM	29.39
28	228	Colin	Bigham	Tavistock AC	M45	29.40
29	272	Andrew	Vallance	Okehampton RC	M40	29.48
30	237	Martin	Colwill	Bideford AAC	M55	29.51
31	223	David	Weir	City of Plymouth AC	SM	30.02
32	264	Chris	Prall	Erme Valley Harriers	M40	30.14

33	270	Raymond	Tew	Tavistock Run Project	M45	30.16
34	244	Justin	Frost	Plymouth Musketeers	M45	30.22
35	256	Tim	Lenton	Axe Valley Runners	M45	30.24
36	221	Hedley	Toogood	North Devon AC	SM	30.33
37	213	Michael	Greenacre	Tavistock AC	SM	30.35
38	262	Alistair	Peers	Tavistock AC	M40	30.42
39	242	Patrick	Devine-Wright	Axe Valley Runners	M50	30.51
40	239	Paul	Crease	Okehampton RC	M50	31.01
41	211	Matt	Frost	Axe Valley Runners	SM	31.02
42	233	James	Cartlidge	Plymouth Harriers	M35	31.03
43	214	Bradley	Halliday	Plymouth Harriers	SM	31.08
44	257	Iain	McWass	Plymouth Harriers	M40	31.31
45	231	Gary	Burman	Torbay Tri Club	M40	31.36
46	240	Marc	Curtis	Tavistock AC	M50	32.19
47	258	David	Morris	Plymouth Harriers	M35	32.24
48	229	Nick	Bristow	Erme Valley Harriers	M50	32.58
49	241	Tom	Davies	Erme Valley Harriers	M40	33.04
50	271	Andrew	Trigg	Erme Valley Harriers	M60	33.23
51	253	Jimmy	Joy	Exmouth Harriers	M60	33.31
52	232	Steven	Carter	Plymouth Harriers	M45	33.46
53	248	David	Harris	Tavistock AC	M55	33.48
54	274	Jeremy	Westmore	Erme Valley Harriers	M45	33.53
55	277	Richard	Wilson	Torrington AAC	M55	34.18
56	267	John	Shapland	Bideford AAC	M65	35.08
57	269	Adam	Stobbs	Exeter Harriers	M50	36.01
58	261	Stuart	Page	Okehampton RC	M50	36.08
59	226	Gordon	Back	North Devon AC	M55	36.10
60	250	Daniel	Heggs	Okehampton RC	M65	36.42
61	268	Christopher	Shorey	City of Plymouth AC	M60	36.46
62	251	Allan	Herdman	Tavistock AC	M70	36.52
63	238	Stephen	Cox	Tavistock AC	M50	39.07
64	227	Richard	Best	Tavistock AC	M60	39.32
65	234	David	Chanter	Tavistock Run Project	M65	41.16

**Senior Men**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positons					
1	Tavistock AC	177	8	20	28	37	38	46
2	Plymouth Harriers	211	9	26	42	43	44	47
3	Okehampton RC	239	25	27	29	40	58	60

**Male Masters**  
**Club Team Result**

Pos.	Club	Total Points	Scoring Positons		
1	Exmouth Harriers	17	2	6	9
2	Tavistock AC	24	3	8	13
3	Tavistock Run Project	32	5	10	17
4	Plymouth Harriers	39	4	12	23
5	Okehampton RC	47	11	14	22
6	Bideford AAC	52	1	15	36
7	Erme Valley Harriers	73	16	28	29

Male Age Group Medallists

M35				
1	3	243 Robert	Ellis	Exmouth Harriers
2	8	260 Ben	Neale	Tavistock AC
3	18	276 Oliver	White	Exmouth Harriers
M40				
1	2	266 Ronnie	Richmond	Bideford AAC
2	9	245 Johnny	Gilby	Plymouth Harriers
3	14	236 Jim	Cole	Tavistock Run Project
M45				
1	26	249 Anthony	Hatchard	Exmouth Harriers
2	32	228 Colin	Bigham	Tavistock AC
3	37	270 Raymond	Tew	Tavistock Run Project
M50				
1	22	265 Ceri	Rees	Tavistock AC
2	43	242 Patrick	Devine-Wright	Axe Valley Runners
3	44	239 Paul	Crease	Okehampton RC
M55				
1	34	237 Martin	Colwill	Bideford AAC
2	57	248 David	Harris	Tavistock AC
3	59	277 Richard	Wilson	Torrington AAC
M60				
1	54	271 Andrew	Trigg	Erme Valley Harriers
2	55	253 Jimmy	Joy	Exmouth Harriers
3	65	268 Christopher	Shorey	City of Plymouth AC
M65				
1	60	267 John	Shapland	Bideford AAC
2	64	250 Daniel	Heggs	Okehampton RC
3	69	234 David	Chanter	Tavistock Run Project
M70				
1	66	251 Allan	Herdman	Tavistock AC